

PD On a Page: Habits for Agency

Agency is the ability to make a decision and act in ways that shape experiences and trajectories.



Explore these approachable habits to build and increase agency in your practice at a level and depth of your choosing.

Build Reflection

Learn: Watch a 10-minute webinar that provides context and conversation.

Start: Reflect on [your own self-efficacy](#) and the support you might need from others.

Sustain: Find 10 minutes per week to [practice self-reflection](#).

E.g., “I will reflect on what’s working and what’s not working every Sunday at 7pm.”

Build Collaboration

Learn: Watch a 10-minute webinar that provides context and conversation.

Start: Read about [Communities of Practice](#) as a place for educator connection and support.

Sustain: Connect with other educators regularly through social media.

- Follow and engage with [inspiring teachers](#) from around the world.
- Find an [Ed Chat on Twitter](#).

Be Open to Growth

Learn: Watch a 10-minute webinar that provides context and conversation.

Start: Develop a [Growth Mindset](#).

- Identify an area you’d like to improve either personally or professionally.

Sustain: Find opportunities for continuous learning at least once a month.

- Listen to a [podcast](#) for new [perspectives](#) and [ideas](#).
- Use [edWeb](#) to access FREE ongoing webinars on relevant topics for educators.

Looking to earn credit for time spent learning? The MyPD program is designed to acknowledge teachers’ informal learning and professional development and honor that effort with formal recognition. Apply your learning toward SCECHs. [Learn more and register here.](#)